

1 New IRB Recommended Sanctions for Offences within the Playing Enclosure (Regulation 17)
As of December 1, 2013

Description	Entry Point Based on Scale of Seriousness of the Player's conduct, which constitutes the offending. Lower End (LE), Mid Range (MR), Top End (TE). Suggested High School Norms	Maximum Sanction
10.4(s) 10.4(m) Physical Abuse of Match Officials	LE – 24 weeks MR – 48 weeks TE 96+ weeks Suggested High School Norm – 24 weeks / 24 games	Life
10.4(s) 10.4(m) Verbal Abuse of Match Officials	LE – 6 weeks MR – 12 weeks TE 18+weeks Suggested High School Norm – 6 weeks / 6 games	12 months
10.4(s) 10.4(m) Threatening Actions or Words at Match Officials	LE – 12 weeks MR – 24 weeks TE 48+ weeks Suggested High School Norm – 12 weeks / 12 games	5 years
10.4(a) Striking another Player with a hand, arm or fist	LE – 2 weeks MR – 5 weeks TE 8+ weeks. Suggested High School Norm – 2 weeks / 2 games	12 months
10.4(a) Striking another Player with the elbow	LE – 2 weeks MR – 5 weeks TE 9+ weeks Suggested High School Norm – 2 weeks / 2 games	12 months

10.4(a) Striking with Knee	LE – 3 weeks MR – 8 weeks TE 12+ weeks Suggested High School Norm – 3 weeks / 3 games	12 months
10.4(a) Striking with Head	LE – 4 weeks MR – 10 weeks TE 16+ weeks Suggested High School Norm – 4 weeks / 4 games	2 years
10.4(b) Stamping on an Opponent	LE – 2 weeks MR – 5 weeks TE 9+ weeks Suggested High School Norm – 2 weeks / 2 games	52 weeks
10.4(b) Trampling an Opponent	LE – 2 weeks MR – 5 weeks TE 9+ weeks Suggested High School Norm – 2 weeks / 2 games	12 months
10.4(c) Kicking an Opponent	LE – 4 weeks MR – 8 weeks TE 12+ weeks Suggested High School Norm – 4 weeks / 4 games	12 months
10.4(d) Tripping an Opponent with the foot/leg.	LE – 2 weeks MR – 4 weeks TE 8+weeks Suggested High School Norm – 2 weeks / 2 games	12 months
10.4(e) Dangerous tackling of an opponent including early or late and including the action known as the “stiff arm tackle”.	LE – 2 weeks MR – 6 weeks TE 10+ weeks Suggested High School Norm – 2 weeks / 2 games	12 months

<p>10.4 (e) Dangerous tackling of an opponent including a tackle or attempted tackle above the line of the shoulders even if the tackle starts below the line of the shoulders.</p>	<p>LE – 2 weeks MR – 6 weeks TE 10+ weeks</p> <p>Suggested High School Norm – 2 weeks / 2 games</p>	<p>12 months</p>
<p>10.4(f) Holding, pushing or obstructing an Opponent not holding the ball, by a player who is not in possession of the ball, except in a scrum, ruck or maul</p>	<p>LE – 2 weeks MR – 4 weeks TE 6+ weeks</p> <p>Suggested High School Norm – 2 weeks / 2 games</p>	<p>12 months</p>
<p>10.4(f) 10.4(k) Dangerous charging or obstructing or grabbing of opponent carrying the ball, including shouldering</p>	<p>LE – 2 weeks MR – 5 weeks TE 10+weeks</p> <p>Suggested High School Norm – 2 weeks / 2 games</p>	<p>12 months</p>
<p>10.4(g) Dangerous charging or obstructing or grabbing of opponent carrying the ball, including shouldering</p> <p>10.4(h) A player must not charge into a ruck or maul. Charging includes any contact made without use of the arms, or without grasping a player</p>	<p>LE – 2 weeks MR – 5 weeks TE 10+weeks</p> <p>Suggested High School Norm – 2 weeks / 2 games</p> <p>LE – 2 weeks MR – 5 weeks TE 10+weeks</p> <p>Suggested High School Norm – 2 weeks / 2 games</p>	<p>12 months</p> <p>12 months</p>

<p>10.4(i) Tackling, tapping, pushing or pulling an opponent jumping for the ball in a lineout or in open play</p> <p>10.4(j) Lifting a player from the ground and either dropping or driving that player's head and/or upper body into the ground whilst the player's feet are off the ground</p>	<p>LE – 3 weeks MR – 6 weeks TE 12+weeks</p> <p>Suggested High School Norm – 3 weeks / 3 games</p> <p>LE – 4 weeks MR – 8 weeks TE 12+weeks</p> <p>Suggested High School Norm – 3 weeks / 3 games</p>	<p>12 months</p> <p>12 months</p>
<p>10.4(k) Causing a scrum, ruck or maul to collapse</p>	<p>LE – 2 weeks MR – 4 weeks TE 8+ weeks</p> <p>Suggested High School Norm – 2 weeks / 2 games</p>	<p>12 months</p>
<p>10.4(m) Testicle Grabbing or Twisting or Squeezing</p>	<p>LE – 12 weeks MR – 18 weeks TE 24+ weeks</p> <p>Suggested High School Norm – 12 weeks / 12 games</p>	<p>4 years</p>
<p>10.4(m) Biting</p>	<p>LE – 12 weeks MR – 18 weeks TE 24+ weeks</p> <p>Suggested High School Norm – 12 weeks / 12 games</p>	<p>4 years</p>
<p>10.4(m) Contact with Eyes or the Eye Area</p>	<p>LE – 12 weeks MR – 18 weeks TE 24+ weeks</p> <p>Suggested High School Norm – 12 weeks / 12 games</p>	<p>3 years</p>

10.4(m) Spitting at Players	LE – 4 weeks MR – 7 weeks TE 11+ weeks Suggested High School Norm – 4 weeks / 4 games	12 months
10.4(m) Verbal abuse of Players based on Religion, Race, Colour, or National or Ethnic Origin or otherwise	LE – 4 weeks MR – 8 weeks TE 16+ weeks Suggested High School Norm – 4 weeks / 4 games	12 months
10.4(m) Any other acts (not previously referred to) which are contrary to good sportsmanship	LE – 4 weeks MR – 7 weeks TE 11+ weeks Suggested High School Norm – 4 weeks / 4 games	12 months
10.4(m) Hair pulling or grabbing	LE – 2 weeks MR – 4 weeks TE 6+ weeks Suggested High School Norm – 2 weeks / 2 games	12 months

In respect of offences not referred to above, appropriate sanctions may be imposed at the discretion of the relevant Judicial Officer, Disciplinary Committee, Appeal Officer and/or Appeal Committee (as the case may be).

Notwithstanding the recommended sanctions in Appendix 1 and/or the provisions of Regulation 17.19 in cases where the player's actions constitute mid range or top end of offending for any type of offence which had the potential to result and, in fact, did result in serious/gross consequences to the health of the victim, the Judicial Officers and/or Disciplinary Committees may impose any period of suspension including a suspension for life.